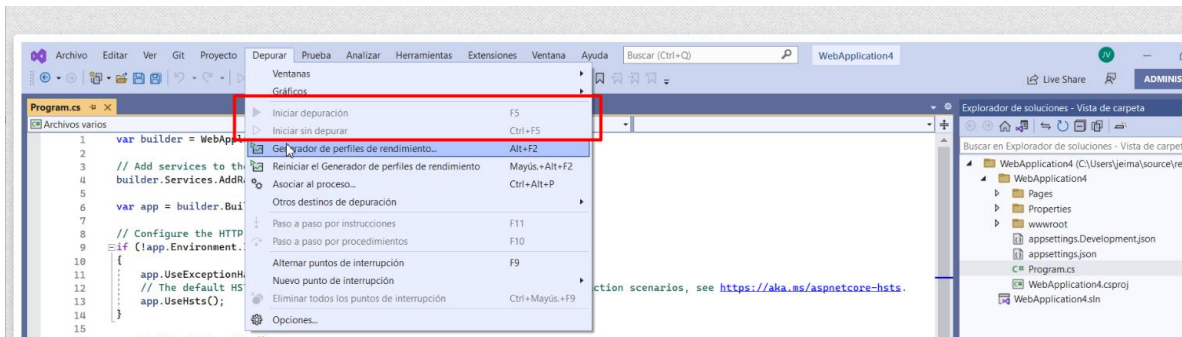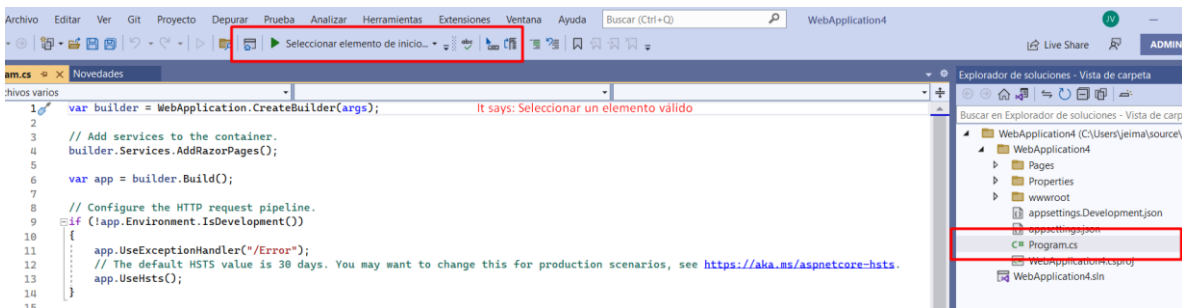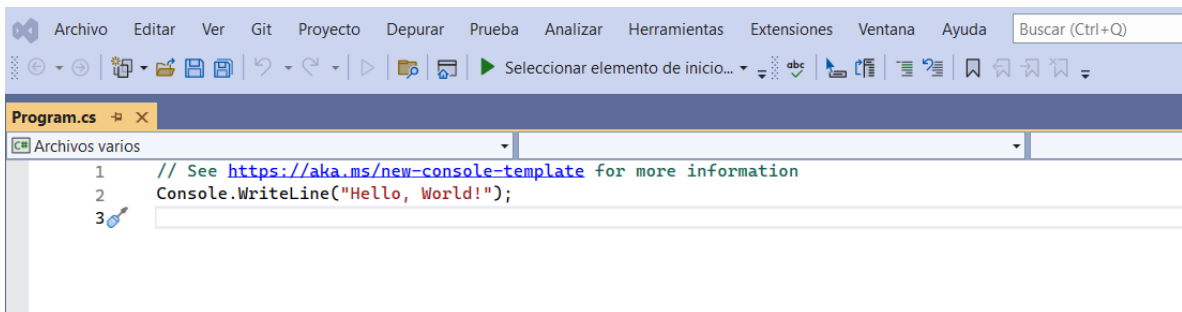When It was just installed these 2 box must show "Debug" and "Any CPU"

When I create any program these 2 functions must be available.

When I selected de Program that Begins, it show de box "Select a valid item…"